Chocolate Cake with Raspberries

Serves 12

Cake:

Dry Ingredients:

1 3/4 cup all-purpose flour 3/4 cup powdered cocoa 1 1/2 tsp baking powder 1 1/2 tsp baking soda

1/2 tsp salt



2 large eggs 1 cup skim milk 1 1/3 cups agave nectar 1/2 cup canola oil 2 tsp vanilla boiling water 1 cup



Cake Steps:

Preheat oven to 325°F. Whisk dry ingredients together. Add wet ingredients—mixing the hot water in last. Beat with hand mixer for 2 minutes. Batter will be thin. Pour batter into either two 9inch rounds or one 9x13 inch pan or cupcake pan (filling each about 2/3 full.) Bake for 30 to 35 minutes or until toothpick inserted in middle comes out clean. Let cool for 30 minutes before icing.

Tope each slice with 1/3 cup fresh raspberries and a dusting of powdered sugar (about 1/4 tsp)

Nutritional Facts

Serving Size: One	slice/piece
Calories	310
Total Fat	11 g
Saturated Fat	1.5 g
Cholesterol	35 mg
Sodium	350 mg
Carbohydrate	52 g
Dietary Fiber	5 g
Sugars	32 g
Protein	5 g

Diabetic Exchanges

Protein	1
Carbohydrate	3.5
Fat	1.5

Source: www.checkyourhealth.org